



PER L'AGRICOLTURA FRATELLI NAVARRA









## **Project DICO SOS**

# Significance of cover crops for sustainable farming

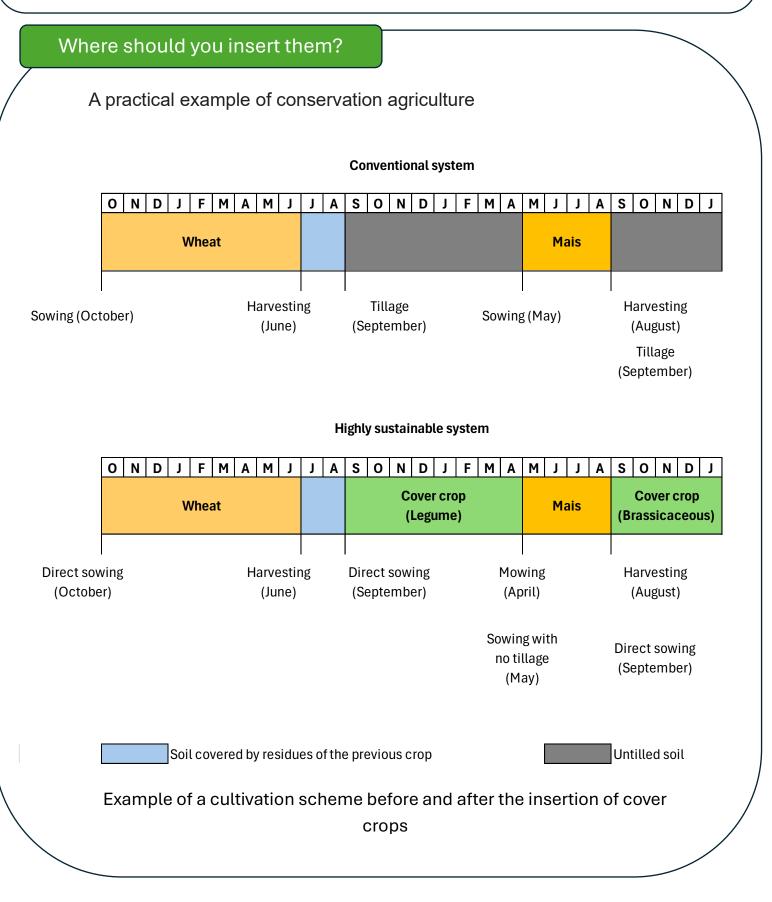


Digestato, Cover Crops e Operazione Colturali per aumentare la Sostanza Organica del Suolo

Dissemination by Fondazione per l'Agricoltura F.lli Navarra and Centro Ricerche Produzioni Animali Soc. Cons. p. A. -Managing Authority: 2014-2020 - Type of operation 16.1.01 - Operational groups of the European Partnership for Agricultural Productivity and Sustainability - Focus Area 4B - Water Quality - Improved water resource management, including fertiliser and pesticide management - Project 'Digestate Cover crops and Crop operations to increase soil organic matter. DICO-SOS'. Directorate for Agriculture, Hunting and Fisheries of the Emilia-Romagna Region. Initiative implemented within the Regional Rural Development Programme

They are intercrops between two main cash crops.

In contrast to normal cash crops, cover crops are cultivated for the production of biomass, which will not be removed at the end of the cycle, but will be left in the soil (above ground or green manured) to bring numerous benefits to the agro-ecosystem making it more resilient and sustainable.



#### Types of cover crop:

## **Brassicaceae**

Species: White mustard, brown mustard and common horseradish Rapid initial development C/N ratio Intermediate Taproot Nematocidal and biofumigant action



## Leguminous

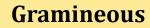
**Species:** Hairy vetch, Annual clover, Fodder pea, Favino.

Slow initial development

Low C/N ratio

Taproot system

High N supply by symbiotic fixation



**Species:** Strigosa oats, Rye, Loiessa, Barley, Rye.

Rapid development

High C/N ratio

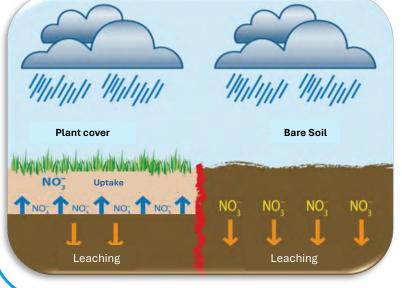
Fasciculate, well-developed root system that allows retention of nutrients, including N (Catch crop)



## Mix

Species: multiple species belonging to the 3 families with the inclusion of species such as Facelia and Buckwheat to synergistically achieve multiple agroenvironmental benefits.

## Cover crops for nitrate leaching reduction



During the autumn, nitrates may accumulate in the soil due to nitrogen fertilisation of the newly harvested summer crop and the mineralisation of organic nitrogen by microorganisms in the soil. In the absence of plants, mineral nitrogen tends to accumulate in the soil.

Through their growth, cover crops allow this important element to be retained for the nutrition of the next cash crop.

## **Cover crop termination methods**

The mode and time of termination influence:

- the rate of decomposition of cover crop biomass

- the release/immobilisation of nitrogen in the soil with effects on the nutrition of the main crop.

For these reasons, the termination technique and the time of its execution must be carefully chosen in the planning phase of the crop succession.

